












**Oldfield Middle School
February 2012**

CAFÉ MENU

Mon	Tue	Wed	Thu	Fri
		1 MOZZARELLA CHEESE STICKS WITH MARINARA SAUCE STEAMED GREEN BEANS PEARS MILK VARIETY 	2 ASIAN TURKEY BURGERS SERVED ON WW BUN  SWEET POTATO FRIES FRESH WHOLE APPLE MILK VARIETY	3 PIZZA SLICE CHEESE, PEPPERONI OR MEATBALL—FRESH VEGGIE STICKS APPLESAUCE MILK VARIETY
6 CHICKEN NUGGETS WITH OR WITHOUT SAUCE BROWN RICE MIXED FRUIT CUP MILK VARIETY	7 PASTA PRIMAVERA MADE WITH FRESH VEGETABLES ITALIAN WHEAT BREAD FRUIT OF THE DAY MILK VARIETY	8 BRUNCH FOR LUNCH FRENCH TOAST STICKS HAM SLICE SWEET POTATO PUFFS APPLESAUCE MILK VARIETY 	9 TWIN TACOS LETTUCE, TOMATO & SHREDDED CHEDDAR CHEESE- SALSA FRUIT OF THE DAY MILK VARIETY 	10 SPECIAL PIZZA DAY BLT PIZZA / CHEESE OR PASTA VEGGIE STICKS FRUIT MIX MILK VARIETY
13 ORANGE GLAZED FINGERS SERVED WITH BREADED STRING BEANS CHILLED PEACH CUP MILK VARIETY 	14 BAKED POTATO BAR WITH CHOICE OF DELICIOUS TOPPINGS STEAMED BROCCOLI CHOICE OF FRUIT MILK VARIETY	15 GRILLED CHEESE ON WW SERVED WITH HOMEMADE CHICKEN SOUP- CHOICE OF FRUIT MILK VARIETY	16 HOT TURKEY SERVED WITH GRAVY AND CREAMY WHIPPED POTATOES- CRANBERRY ITALIAN BREAD & SALAD MILK VARIETY	17 PIZZA SLICE CHEESE OR PEPPERONI OR PASTA MIXED VEGETABLES SLICED PEARS CHOICE OF MILK
20 PRESIDENT'S DAY	21 MID-WINTER RECESS			
27 CHICKEN NUGGETS WITH OR WITHOUT SAUCE BROWN RICE FRUIT OF THE DAY MILK VARIETY	28 HOMEMADE TURKEY CHILI SERVED WITH POTATO & ZUCCHINI FRITTATA  ORANGE SLICES MILK VARIETY	29 CHICKEN FAJITA WRAP- LETTUCE, CHEESE SALSA CREAMY CORN APPLESAUCE MILK VARIETY	VEGGIE OF THE MONTH: SWEET POTATO 	

Student Lunch- 2.30
Reduced Lunch- .25

Please register at MyNutrikids.com to make prepayments, check balances and transaction history. Look on our District website under "LunchMenus" for more details.

Available daily at our Ala Carte Station
Made to order
Boars's Head Deli Bar \$ 3.50
Fresh cold cuts & a variety of different cheeses & toppings!!!!
Rolls, Wheat & Multi-grain breads to choose from!

According to nutritionists at The Center for Science in Public Interest, the single most dietary change, including children, would be to replace fatty foods with rich in complex carbs, such as Sweet Potatoes. Points were given for dietary Fiber, naturally occurring sugars, Protein and Vitamins!!!!!!

ANY QUESTIONS PLEASE CALL
LYDIA AT 754-5310
EXTENSION 354